Chef's Culinary tour of Dumfries & Galloway Life

The Allotment

Garden allotments first started to become popular in Scotland during the 19th century, when land was given to the poor to allow them to grow food after the Great War

Pinot Grigio Loggia Del Colli - Italy

Ruby Nights

On his appointment as King, George V didn't take long to make his mark in Scotland. He quickly replaced the old french regalia at Balmoral with new Indian cooks. This had a major influence on scottish cuisine

Flama D'or organic Cava - Catalonia Spain

The Gaels

The profile of the native breed has been risen by a gourmet burger made from the assured Belted Galloway beef burger

The Heilan Coo - Shiraz - Australia

The Salmon run

The Water of Luce forms by joining the Cross water of Luce & The Main water of Luce. The river still produces a fair number of salmon

Sauvignon Blanc - Rewild - Aconcagua, Chile

Home Comforts Home Comforts

Cooperative food hubs run by food producers could be a solution to local and small-scale supply chains

Rioja - Valdepalacios - Rioja Alto Spain

The Ethical Dairy

Rainton farm is the first commercial dairy in the UK to be following the cow with calf

Manzanilla Sanlucarde Barrameda - Spain

Mystical fruits

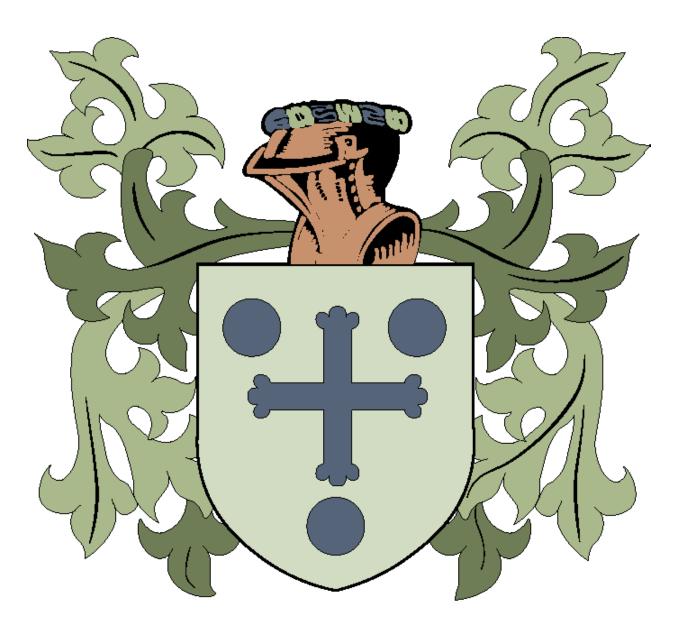
Sharing really is Caring

The sharing of food helps create a sense of comradery and understanding.

Reducing feelings of isolation and loneliness

Six Grapes Port - Graham's - Douro Portugal

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THE KENMUIR ARMS