

Chef's Culinary tour of Dumfries & Galloway Life

The Allotment

Garden allotments first started to become popular in Scotland during the 19th century, when land was given to the poor to allow them to grow food after the Great War

Pinot Grigio Loggia Del Colli - Italy

The Oyster Bed

The Loch Ryan Oyster Bed dates back to 1701, when King William III, granted a Royal Charter of the oyster bed to the Wallace family.

Flama D'or organic Cava - Catalonia Spain

The Gaels

The word 'Galloway' derives from the name of a people, the Gall Gaidheil, meaning 'Scandinavian Gaels'.

The Heilan Coo - Shiraz - Australia

Smoke House

Scottish food was also heavily influenced by the arrival of the Vikings in the 9th century they brought different cooking methods such as smoking

Salmon Run - Sauvignon Blanc - South Africa

Home Comforts

Cooperative food hubs run by food producers could be a solution to local and small-scale supply chains

Rioja, Valdepalacios - Rioja Alto Spain

The Ethical Dairy

Rainton farm is the first commercial dairy in the UK to be following the cow with calf

Manzanilla Sanlucar de Barrameda - Spain

Sweet Dreams

A bedtime story is a traditional method used to help kids ease off to sleep at the end of a long day

Six Grapes Port, Graham's - Douro Portugal

THE KENMUIR ARMS

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